

Lake Forest II Locker Room and Sauna Rules

Locker Room Rules

1. Sun & Sail Staff has the right to deny entry, or remove from the facilities, any person suspected of being under the influence of drugs or alcohol.
2. Valuables should not be stored in locker rooms, and the Sun and Sail Club is not responsible for lost or stolen property.
3. Members must provide their own locks.
4. No locks may be left on daily use lockers overnight. Locks left on these lockers after the building closes will be removed by the facility.
5. Food may not be stored in lockers.
6. Facility Services and/or the Manager/Supervisor on-Duty reserve the right to open and inspect the contents of any lockers deemed necessary.
7. The locker room is available to residents 16 or older. Those younger than 16 must be accompanied by a responsible adult.
8. Horseplay, running, or loitering is prohibited in the locker rooms.

Sauna Rules

1. For health and sanitary reasons, no drying of articles of clothing or shoes is permitted in the sauna.
2. Use of sauna by individuals under 18 years of age, pregnant women, or those with high blood pressure, heart disease or other health concerns is discouraged.
3. Do not use sauna while under the influence of alcohol or drugs.
4. Prolonged use of sauna may be dangerous.